

## QUALIFICATION DETAILS

<b>Qualification Title</b>		<b>New Zealand Diploma in Wellness and Relaxation Massage with optional endorsements or optional electives in, Health and Wellness, Spa Therapies, Eastern Therapies, Body Therapies, Special Populations</b>	
<b>Version</b>	1	<b>Qualification type</b>	Diploma
<b>Level</b>	5	<b>Credits</b>	120
<b>NZSCED</b>	061711 Health > Rehabilitation Therapies > Massage Therapy		
<b>Strategic purpose statement</b>	<p>The purpose of this qualification is:</p> <ul style="list-style-type: none"> <li>• To provide wellness and relaxation massage therapists entry to employment in wellness and relaxation settings to practice relaxation massage unsupervised.</li> <li>• To ensure graduates who can work within the scope of practice defined by wellness and relaxation massage and co-ordinate with remedial massage therapists, and allied health, wellness and medical professionals for those specialist services, where required.</li> <li>• To provide for those individuals who are employed in the wellness and relaxation massage sector, a credential that meets membership eligibility to Massage New Zealand.</li> </ul> <p>This qualification provides optional Electives and an Endorsement recognising the different approaches and beginning specialities within the wellness and relaxation massage industry and the initial knowledge and practical skills required for each.</p>		
<b>Outcome Statement</b>	<b>Graduate profile</b>	<p>Graduates of this qualification will be able to:</p> <ol style="list-style-type: none"> <li>1. Apply knowledge of human functioning and behaviour to relaxation massage therapy practice 30-45 credits</li> <li>2. Assess, plan, implement, and evaluate wellness and relaxation massage therapy interventions 30 credits</li> <li>3. Assess, plan, implement, and evaluate own professional development 15 credits</li> <li>4. Demonstrate autonomous practice as an entry level relaxation massage therapist in a wellness and relaxation massage setting 15 credits</li> <li>5. Apply basic practical skills reflecting introductory knowledge of a specialist endorsement or elective 15-30 credits</li> </ol> <p>The optional Endorsement consists of 30 credits from <u>ONE</u> of the following electives: The Elective consists of 30 credits from <u>more than one</u> of the following electives:</p> <ul style="list-style-type: none"> <li>• <u>Health and Wellness</u> Apply basic practical skills together with introductory nutrition, health and wellness knowledge to wellness and relaxation massage therapy interventions</li> <li>• <u>Spa therapies</u> Apply basic practical skills together with introductory spa therapies knowledge to wellness and relaxation massage therapy interventions</li> </ul>	

	<ul style="list-style-type: none"> <li>• <u>Eastern therapies</u> Apply basic practical skills together with introductory eastern therapies knowledge to wellness and relaxation massage therapy interventions</li> <li>• <u>Body therapies</u> Apply basic practical skills together with introductory body therapies knowledge to wellness and relaxation massage therapy interventions</li> <li>• <u>Special populations</u> Apply basic practical skills together with introductory wellness and relaxation massage knowledge for special populations</li> </ul>
<b>Education pathway</b>	<p>This qualification leads from NCEA Level 2 and NCEA Level 3; and from general health science 'bridging qualifications', or entry level qualifications in associated disciplines (eg fitness, sport, health and wellbeing, healthcare). An elementary knowledge of the structure and function of the human body is required.</p> <p>This qualification leads to:</p> <ul style="list-style-type: none"> <li>• New Zealand Diploma in Remedial Massage (Advanced) (Level 6) 120 credits</li> <li>• Bachelor's degrees in massage therapy (Level 7)</li> </ul>
<b>Employment pathway</b>	<p>Graduates of this qualification will be able to work as wellness and relaxation massage therapists in wellness and relaxation massage settings including health centres and clubs; resorts and exclusive tourist accommodation; beauty/personal service centres on cruise ships; boutique treatment spas; and relaxation massage clinics.</p> <p>Further study is required before being able to practise and be employed in remedial massage therapy.</p>
<b>Qualification Developer</b>	Massage Mandatory Review of Qualifications Governance Group

## Qualification Specification

<b>Qualification award</b>	To be developed
<b>Review period</b>	To be developed
<b>Arrangements for managing consistency</b>	To be developed
<b>Credit transfer and recognition of prior learning arrangements</b>	To be developed
<b>Minimum standard of achievement and standards for grade</b>	To be developed

<b>endorsements (where applicable)</b>	
<b>Prerequisites to meet regulatory body or legislative requirements (where applicable)</b>	To be developed
<b>Optional conditions for qualification</b>	To be developed

### Conditions relating to specific outcomes

<b>Qualification Outcomes (including indicative credit values for each outcome)</b>	<b>Conditions</b>	<b>Mandatory or Optional</b>
To be developed	To be developed	

### Transition information

<b>Replacement information</b>	To be developed
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## QUALIFICATION DETAILS

<b>Qualification Title</b>		<b>New Zealand Diploma in Remedial Massage (Advanced) (Level 6) with optional endorsement in Soft Tissue Therapy</b>	
<b>Version</b>	1	<b>Qualification type</b>	Diploma
<b>Level</b>	6	<b>Credits</b>	120
<b>NZSCED</b>	061711 Health > Rehabilitation Therapies > Massage Therapy		
<b>Strategic purpose statement</b>	<p>The purpose of this qualification is:</p> <ul style="list-style-type: none"> <li>• To provide professional remedial massage therapists able to practice in a broad range of remedial massage settings in an unsupervised and autonomous self-managing capacity.</li> <li>• To ensure graduates able to work within a scope of practice defined by remedial massage, wellness and relaxation massage and coordinate with wellness and relaxation massage therapists, allied health, wellness and medical professionals and specialists where required.</li> <li>• To provide for those individuals who are employed in the remedial massage therapy sector, a credential that meets membership eligibility to Massage New Zealand.</li> </ul> <p>This qualification provides an optional Endorsement thereby recognising the different approaches within the industry and specialist knowledge and practical skills required.</p>		
<b>Outcome Statement</b>	<b>Graduate profile</b>	<p>Graduates of this qualification will be able to:</p> <ol style="list-style-type: none"> <li>1. Apply the biomedical, behavioural, educational and social science bases to massage therapy practice. 30 credits</li> <li>2. Assess, plan, implement, and evaluate remedial massage therapy interventions to address musculoskeletal dysfunction. 15-45 credits</li> <li>3. Apply evidence-informed learning to massage therapy practice. 15 credits</li> <li>4. Practice remedial massage autonomously in a range of remedial massage settings. 30 credits</li> </ol> <p><u>Soft tissue therapy endorsement (optional)</u></p> <ol style="list-style-type: none"> <li>5. Assess, plan, implement, and evaluate remedial massage therapy interventions to address musculoskeletal dysfunction using a soft tissue therapy focus. 30 credits</li> </ol> <p>Must include the following modalities: Deep tissue / therapeutic/remedial massage; Advanced techniques (Neuromuscular therapy); Myofascial release; Trigger point therapy; Sports massage; Musculoskeletal injury management.</p>	

	<b>Education pathway</b>	<p>This qualification builds on the New Zealand Diploma in Wellness and Relaxation Massage (Level 5).</p> <p>This qualification can lead to Bachelor’s degrees in massage therapy (Level 7) (credit recognition for equivalency to the first two years of a degree may be possible).</p>
	<b>Employment pathway</b>	<p>Graduates of this qualification will be able to work as remedial massage therapists in a broad range of remedial massage settings including multi-disciplinary clinics and practices for the treatment of sports, medical, and age-related conditions and injury treatment and rehabilitation, and for injury prevention; with high performance athletes in the prevention of injury and performance enhancement; or in more generalist remedial massage practices/roles associated with health and relaxation massage eg rest homes, birth centres.</p>
<b>Qualification Developer</b>		Massage Mandatory Review of Qualifications Governance Group

## Qualification Specification

<b>Qualification award</b>	To be developed
<b>Review period</b>	To be developed
<b>Arrangements for managing consistency</b>	To be developed
<b>Credit transfer and recognition of prior learning arrangements</b>	To be developed
<b>Minimum standard of achievement and standards for grade endorsements (where applicable)</b>	To be developed
<b>Prerequisites to meet regulatory body or legislative requirements (where applicable)</b>	To be developed
<b>Optional conditions for qualification</b>	To be developed

## Conditions relating to specific outcomes

Qualification Outcomes (including indicative credit values for each outcome)	Conditions	Mandatory or Optional
To be developed	To be developed	

## Transition information

<b>Replacement information</b>	To be developed
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# QUALIFICATION CONCEPT FOR REFERRAL TO RELEVANT REVIEW

<b>Qualification Title</b>		<i>New Zealand Certificate in Bridging to Health Sciences</i>	
<b>Version</b>	1	<b>Qualification type</b>	<i>Certificate</i>
<b>Level</b>	4	<b>Credits</b>	?
<b>NZSCED</b>	069999?		
<b>Strategic purpose statement</b>		<p><i>The purpose of this qualification is:</i></p> <ul style="list-style-type: none"> <li>• <i>to recognise student achievement in elementary human anatomy and physiology as preparation for future study in the health and associated disciplines and ultimately employment in the health or related disciplines</i></li> <li>• <i>to recognise student achievement in the physical sciences including mathematics as preparation for future study in the health and associated disciplines and ultimately employment in the health or related disciplines</i></li> <li>• <i>to recognise student achievement in the application of learning strategies, including digital literacies for tertiary study, and language and literacy skills relevant study of health and associated disciplines</i></li> <li>• <i>to recognise student achievement in planning, implementing and critiquing personal development goals in preparation for a career in the health or associated disciplines</i></li> </ul> <p><i>The qualification is a suitable goal for people who wish to study within the health area, but require an elementary background in human anatomy &amp; physiology OR who would benefit from developing a strong academic background indicative of success entering study at a tertiary level.</i></p> <p><i>A graduate of the New Zealand Certificate in Bridging to Health Sciences will be well prepared for further study within a wide range of health and associated disciplines from level 5.</i></p>	
<b>Outcome Statement</b>	<b>Graduate profile</b>	<p><i>Graduates of this qualification will be able to:</i></p> <ol style="list-style-type: none"> <li>1. <i>Identify human body systems, their organs &amp; general functions.</i></li> <li>2. <i>Apply basic principles of physical sciences to one or more health related contexts.</i></li> <li>3. <i>Adapt and apply successful approaches to their personal learning strategies in tertiary education including time management, reading, comprehension, note taking, study skills, assessment technique.</i></li> <li>3. <i>Use relevant computer applications for formal education purposes including email, web browsers, Microsoft Word, online/web-enhanced activities.</i></li> <li>4. <i>Demonstrate the skills required for academic writing (researching, critical information literacy, structuring writing, referencing).</i></li> </ol> <hr/>	
	<b>Education pathway</b>	<i>It is recommended that individuals first achieve NCEA Level 2 or demonstrate similar literacy and numeracy to manage study materials.</i>	

		<p><i>The further educational opportunities for a graduate of the New Zealand Certificate in Bridging to Health Sciences include pathways in:</i></p> <ul style="list-style-type: none"> <li>• <i>Relaxation massage therapy</i></li> <li>• <i>Health care</i></li> <li>• <i>Public health</i></li> <li>• <i>Physiotherapy</i></li> <li>• <i>Nursing</i></li> <li>• <i>Occupational Therapy</i></li> <li>• <i>Dental hygiene</i></li> <li>• <i>Medical Laboratory Science</i></li> <li>• <i>Pharmacy services</i></li> <li>• <i>Dental Technology &amp; Oral Health</i></li> <li>• <i>Radiation Therapy</i></li> <li>• <i>Beauty therapy</i></li> <li>• <i>Alternative medicine and natural health</i></li> <li>• <i>Medical imaging</i></li> </ul>
	<b>Employment pathway</b>	<i>Graduates will be not be qualified for employment after completing this qualification.</i>
<b>Qualification Developer</b>		?

## Qualification Specification

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<b>Credit transfer and recognition of prior learning arrangements</b>	To be developed
<b>Minimum standard of achievement and standards for grade endorsements (where applicable)</b>	To be developed
<b>Prerequisites to meet regulatory body or legislative requirements (where applicable)</b>	To be developed
<b>Optional conditions for qualification</b>	To be developed



### Conditions relating to specific outcomes

Qualification Outcomes (including indicative credit values for each outcome)	Conditions	Mandatory or Optional
To be developed	To be developed	

### Transition information

<b>Replacement information</b>	To be developed