

KIA ORA



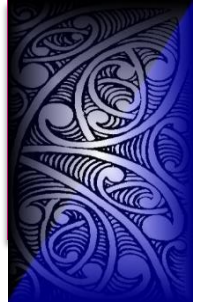
“He went out into the outback and shot himself. He’d been there for about two weeks before the police found him.”

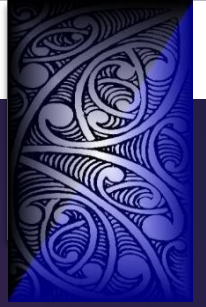
“I said, Dad where’s that girl I can’t find her? She’s in her room, he replied, as I got to her door, something came over me, and I said to myself, oh you little bitch, better not have.....as I walked into the room, there she was hanging by her karate belt, in the wardrobe”.

“I saw her lying on her face in a puddle of water. I walked up to pick her up, but was stopped by the police, because now this is a crime scene. I just stood there staring at my girl, lying face down in the water”.

“The call came early evening: fatal gunshot to the head, the death certificate read.”

“Every year I visit my mokopuna (grandchild) at her gravesite, and I say to her ‘moko, I still haven’t forgiven you, I’m still angry at you’”.



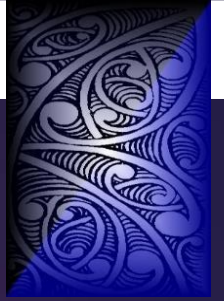


This study is about posttraumatic growth (PTG) and in particular, how the notion relates to parents bereaved by suicide.

This study seeks to understand the experiences of parents by exploring their lived experiences of suicide grief.

TOPIC / KAUPAPA 

Questions



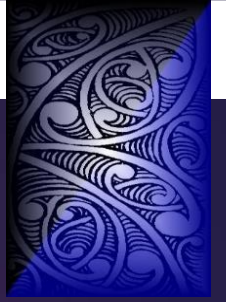
Question 1

- ▶ *What are the mechanisms that influence the post-traumatic growth trajectory for parents bereaved by suicide?*

Question 2

- ▶ *What are the outcomes of post-traumatic growth for parents bereaved by suicide?*

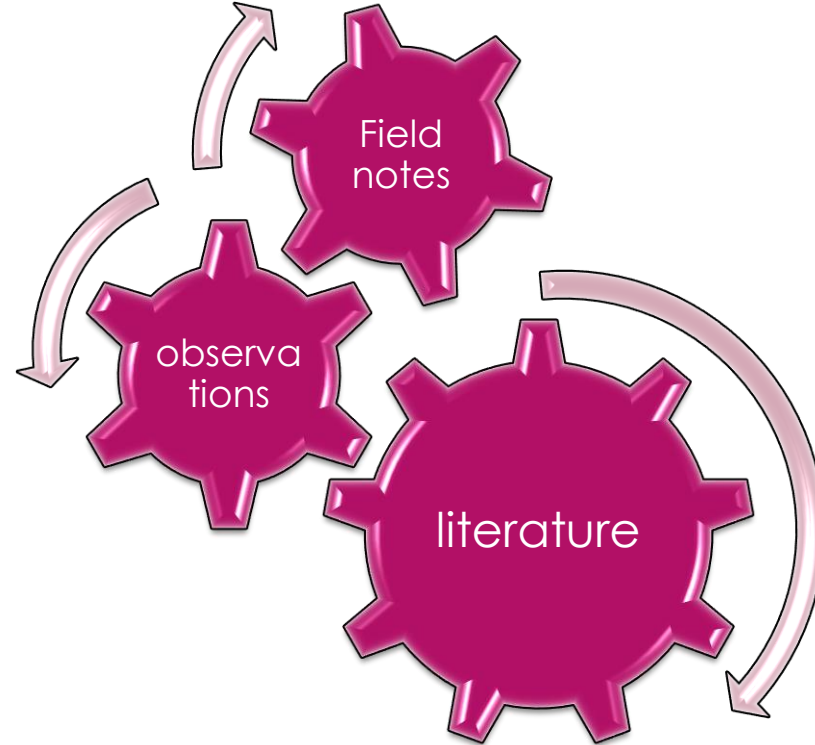
Methods/Methodology



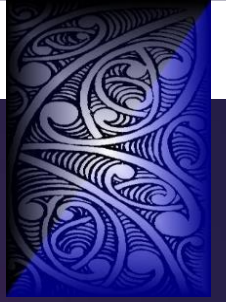
Qualitative

- ▶ Maori Centred
- ▶ Case Studies
- ▶ Kanohi ki te kanohi
- ▶ Open structured interviews
- ▶ Field notes
- ▶ Observations
- ▶ Literature

Case study methodology: Triangulation of methods



Maori Centred Approach



Personally

- ▶ Maori wahine

Professionally

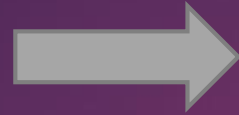
- ▶ Utilised as an Educator
- ▶ As a counsellor and social worker



Summary of questions and approach:

This is a **qualitative, Māori centred, case study approach** **was** designed to surface and provide a depth of understanding of the critical themes and features of suicide grief through analysis of the **mechanisms** that influence the posttraumatic growth of parents bereaved by suicide, along with the **posttraumatic growth outcomes** of surviving their child's suicide death.

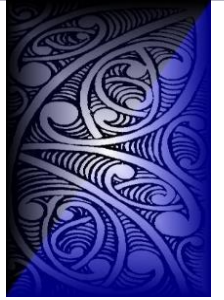
Negative



Positive



Key findings – two trajectories to trauma



**Table 7.
Relational
Growth Matrix:
PTG
Outcomes.**

Meaning making

Relational growth with the deceased - **Staying connected**

Continued Bonds

Performative actions

Relational growth with significant others – **stronger relational connection**

Closer ties to family

Greater emotional disclosure and feelings of closeness to others

More compassion for others and more willingness to give to others

Performative action through the undertaking of social action

Relational growth with self - **Personal positive growth**

**Changed priorities, Increased clarity about what is most important in
Life**

A deeper and often spiritual sense of the meaning of life

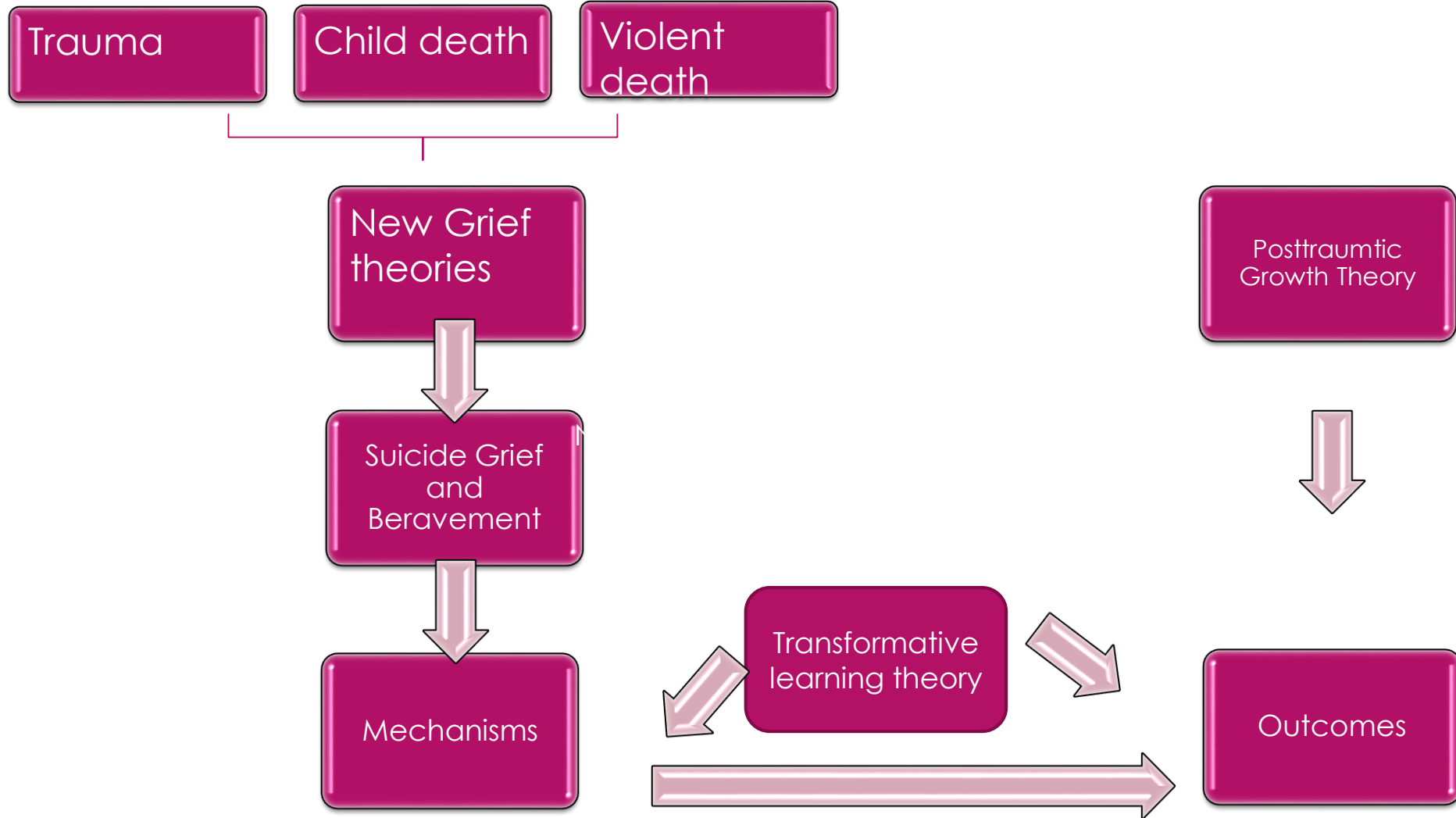
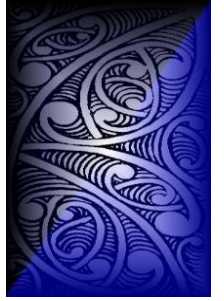
Reinvestment in life, new goals, new possibilities

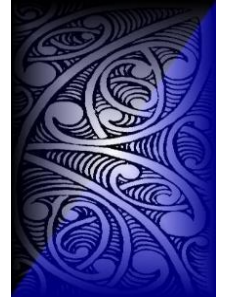
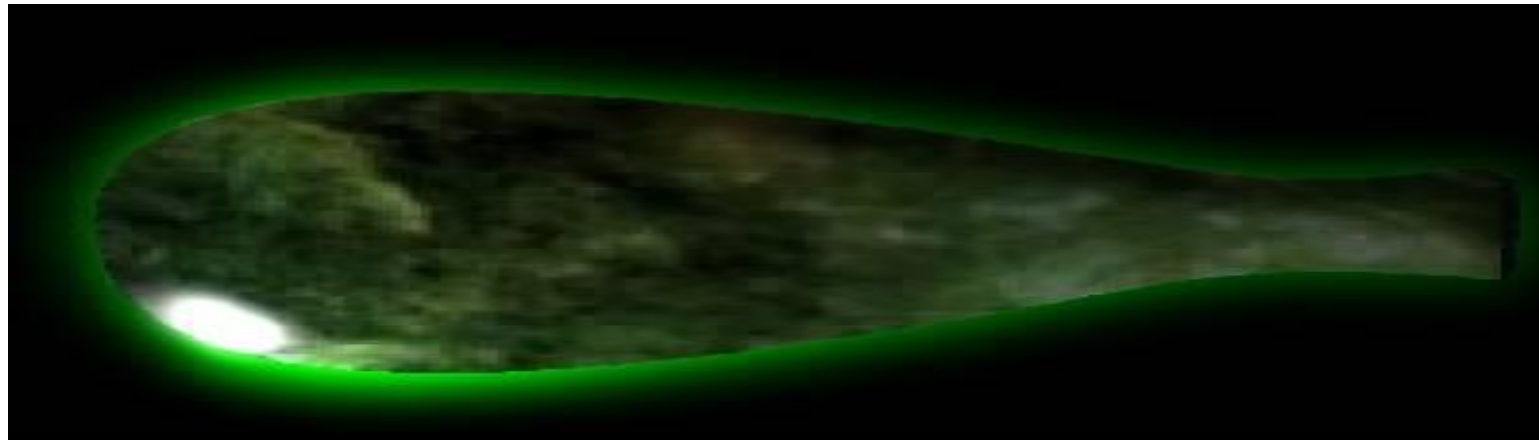
Cultural strengthening, Religious strengthening

More empathy and compassion, altruism

An increased feeling of personal strength, confidence.

Overview of theoretical concepts significant for this study and linked to the questions in this research





Kia hora te marino, Kia whakapapa Pounamu te
moana,
Kia tere te karohirohi I mua I to huarahi
May the peace be widespread, may the sea glisten
like the
Greenstone and may the shimmer of light guide you
on your way