

## Colonisation, Decolonisation & Post-settlement practice (Part 1)

Dr Rawiri Waretini-Karena (Ngāti Mahanga/ Waikato-Tainui & Ngāpuhi Nui Tonu) & Dr Ingrid Huygens (Dutch, Pākehā)

## Tauranga: Thursday 21 April 9am - 5pm Hamilton: Wednesday 27 April 9am - 5pm

Working with Māori clients has become a key part of practice for many psychologists and counsellors. This workshop provides both a tangata whenua and a tauiwi approach to colonisation, de-colonisation, and how to practise in a post-settlement environment in Aotearoa today.

Participants will learn about the inter-generational impact of colonisation, and how trauma can be approached without activating a deficit perspective. Rawiri will explain the Pōwhiri- Poutama framework, which allows practitioners and clients to work respectfully together on analysis, action and aspirations. Within this framework, Western models such as CBT and Māori models such as Whare Tapa Wha can all be used. Ingrid will introduce these issues with a brief refresher on Te Tiriti o Waitangi, and Māori aspirations for Aotearoa.

The workshop will be useful to psychologists and counsellors in diverse settings, such as health, justice, social services, management, research and policy-making.

For more information and to register for this event in TAURANGA please click on this link: http://www.eventbrite.com/e/part-1-colonisation-decolonisation-post-settlement-practice-tickets-22814593062

For more information and to register for this event in HAMILTON please click on this link: http://www.eventbrite.com/e/part-1-colonisation-decolonisation-post-settlement-practice-tickets-22816937073