Interprofessional practice: Key benefits & challenges in delivering effective care

Scott Reeves



#### Overview

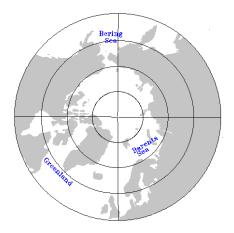
Key Concepts

Emergence

Successes & Tensions

Improving IP practice

Concluding Comments



#### **Key Concepts**



#### Definition

Individuals from two or more health/social care professions who work together to deliver services to patients/clients in an effective manner (Barr & colleagues)

#### Aims

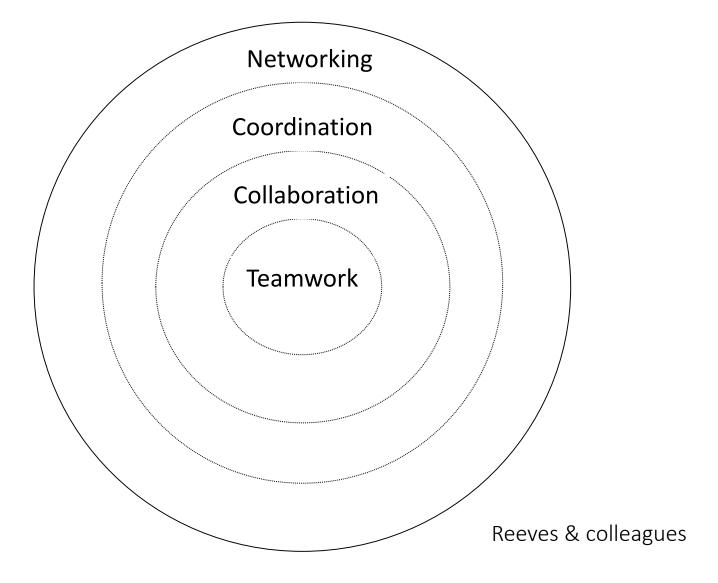
Bringing together skills/knowledge Sharing information Achieving continuity of care Apportioning/ensuring responsibility Resource planning Coordination of service delivery

#### Underpinning elements

- Common purpose Clear roles & meaningful tasks Interdependence Reliance on the expertise of others Regular interaction
- Balance of leadership & democracy

Shared planning/decision-making Organisational support Ongoing team-based education Feedback on performance Respect, trust & humour "...requires many types of sharing: shared knowledge, shared values, shared responsibility, shared outcomes and shared Visions" (Henneman & colleagues) "...is a cooperative venture is based on shared power and authority. It is non-hierarchical in nature (Kraus)

#### Types of interprofessional practice



# Emergence

#### **Global Developments**

- Quality & safety
- Demographic shifts
- Chronic care
- Rising costs
- Patient centredness
- Media coverage

#### Policy maker support

#### National

Australia, Brazil, Canada Japan, New Zealand, Switzerland United Kingdom, United States, etc.

#### <u>International</u>

World Health Organization

# Organisations & networks promoting IP practice

- Centre for the Advancement of Interprofessional Education (1987)
- Nordic Interprofessional Network (2001)
- European Interprofessional Network (2004)
- Canadian Interprofessional Health Collaborative (2006)
- National US Center for Interprofessional Practice & Education (2013)
- Brazilian Interprofessional Network (2015)

# Some benefits



#### For professionals

Mutual support

Quality of relationships

Staff morale

#### Interprofessional reflexivity

"...involves the members of the team standing back and critically examining themselves, their processes and their performance to communicate about these issues and to make appropriate changes" (West)



Responsiveness

Improved satisfaction

Reduction of error (and near misses)

Improved quality & safety



Improved coordination of services

Reducing duplication

Lower costs

More effective use of resources

# Some challenges



#### Size

Large teams/groups – increased difficulty: Communication, coordination, decision-making

30 member groups – small organizations

Ideal team size: 10-12 members

"small teams are informed, big teams infer" (West)

#### Space & time

Floors separating offices can reduce IP interactions by 30% (Handy)

Time limits: heavy profession-specific workloads

Teamworking vs. 'Knotworking' (Engeström & colleagues)



Interprofessional practice:

Not an *altruistic* act

Requires mutual gain (pay-off)

Need to make exchange *explicit* (Hudson)

#### Risk

Unpredictable process

Uncertain outcomes, possible failure

Collaborator with 'other side'

Notion of *cultural suicide* (Brookfield)

#### **Competing interests**

"when individuals and groups come together ... there is representation of different and often competing interests [which] can generate tensions and conflicts" (Beattie)

#### Wider professional & cultural factors

Differing values & ideologies

Socio-political & economic inequalities

Power & authority imbalances

Gender & ethnicity issues (Freidson, Abbott, Witz)

# **Improving IP Practice**



## 'Diagnosis & Treatment'

Iterative 3 phase process:

- 1. Assessment
- 2. Intervention
- 3. Evaluation

#### 1. Assessment

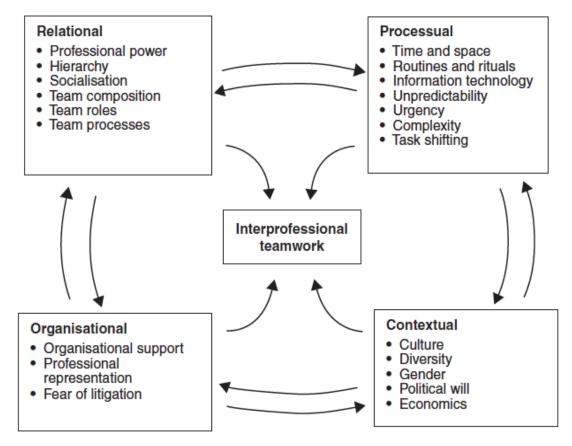


Figure 4.1 A framework for understanding interprofessional teamwork.

Reeves & colleagues

#### 2. Intervention

#### Interprofessional Education

Formal team learning (e.g. simulation, retreats) Informal learning activities (informal learning)

#### Interprofessional practice

Interprofessional meetings (e.g. problem solving) Checklists & care pathways

# Interprofessional Organisational Collaborative guidelines & procedures Changes to workplaces & spaces

#### 3. Evaluation

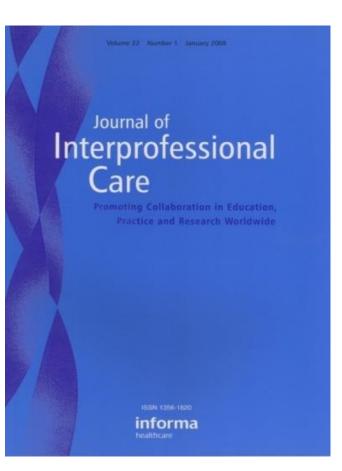
Mixed methods Surveys/questionnaires Interviews/focus groups Observations Documents

# Repeat as needed

# **Concluding comments**

Continued need for IP practice Growing benefits Impeded by multiple challenges Assessment, intervention & evaluation

#### Useful source



# Thank you s.reeves@sgul.kingston.ac.uk

