

**“Through the Looking Glass” ...  
What did people see?**



**RAINBOW PLACE**



from small beginnings in 2003...





## Supporting children and young people affected by serious illness or the death of a loved one

- Children and young people affected by the serious illness of a loved one
- Children and young people who themselves have a life-threatening or life-limiting illness
- Children and young people affected by the death of a loved one



# Service Delivery Area



# The therapeutic team provides ...

- One-on-One Counselling
- Group Workshops
- Family Therapy
- Teen Support Group
- Art Therapy
- Memory Making
- Sandplay Therapy
- Child-centred PlayTherapy
- Directed Hospital Play
- Story Telling & Drama



## The nursing team provides ...

Specialised nursing care and support for children and young people with a serious illness. This is available ...

### In the Community

At home – in school – in hospital

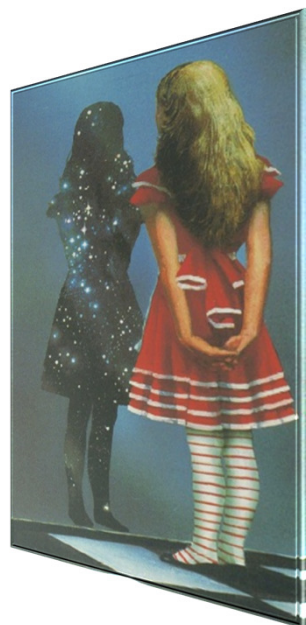


### At Rainbow Place

One or two night 'sleepovers' for sick children, with accommodation available for families to stay with their child



*End-of-life care can also be provided in the home or at Rainbow Place*





## Why have a Review?



- To assess the development of Rainbow Place to date
- To assess how well it was working
- To suggest how it could best evolve in the future to meet the needs of the Waikato community

*The review was undertaken between March and August 2011 by Professor Philip Darbyshire, in collaboration with colleagues from WINTEC, and with the support of the Waikato District Health Board.*



## The Review Process



*Professor Philip Darbyshire  
Review of the Rainbow Place service*

- Revisited Rainbow Place to plan the review
- Online Survey – families, children, young people, staff, volunteers, key-stakeholders
- Face-to-face interviews (with above groups)
- Draft report produced with recommendations for future development
- Professor Darbyshire returned in November 2011 with the full report and recommendations for future growth and development of the service

## The Darbyshire Report

### Key Findings

#### Parents and families/whānau

- Rainbow Place is caring, welcoming, flexible, safe, responsive and non-judgemental
  - valued the specific children's nursing, health and counselling skills and expertise that were available
- "... it's not just their job, they actually do really care."*

#### Children and young people

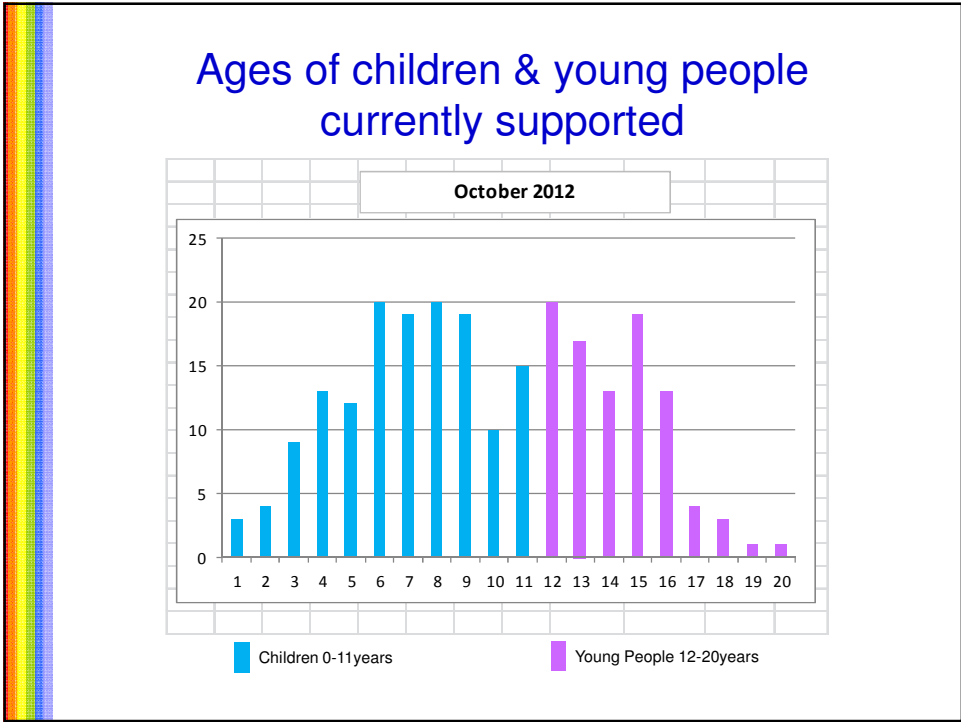
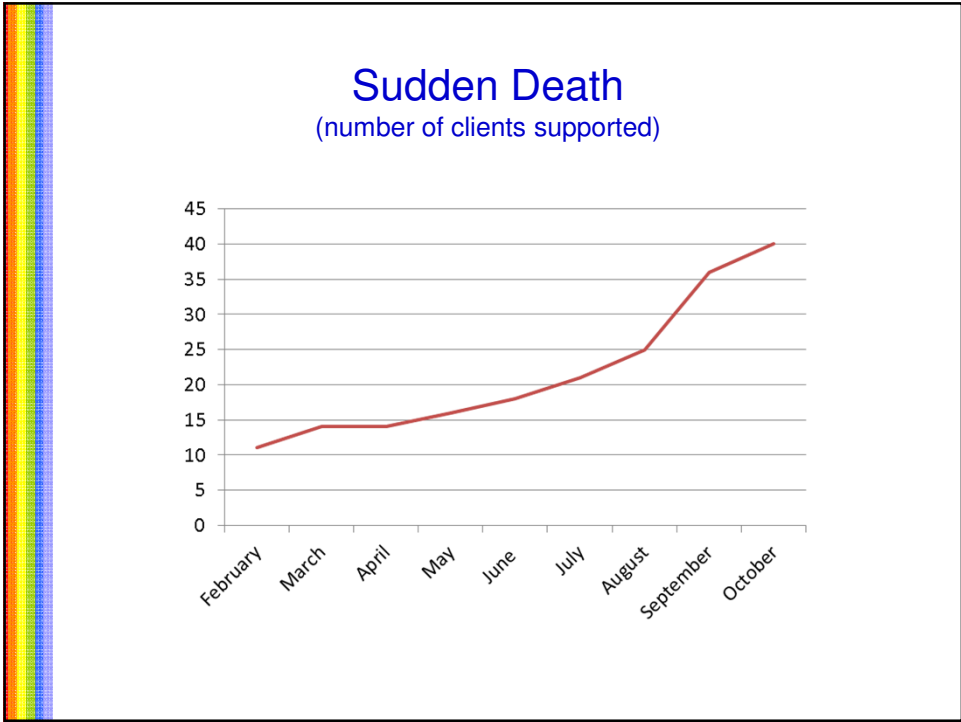
- Rainbow Place was better than they thought it would be – 'fun'!
  - appreciated the various activities offered, eg. art work, teen group, and social activities
- "At Rainbow Place you're having counselling but you don't know you are having counselling"*

#### Key Stakeholders

- working with Rainbow Place was almost entirely 'positive'
- "I have always had a very positive reception and response whenever I have approached the service".*

## Key Recommendations

- Expand criteria to include 'sudden death' of a loved one
- Enhance Rainbow Place environment for all ages
- Increase use of 'sleepover' (respite) facility
- Market and promote the "best kept secret in the Waikato"



## The Procrustean Beds



“There can be no place in children’s palliative care for a Procrustean ‘one size fits all’ approach that would either proscribe or prescribe ‘beds’.”

*(Darbyshire, Parsons, Sanders 2012)*



*Darbyshire P, Parsons P, Sanders R (2012). The Procrustean beds of children’s palliative care. International Journal of Palliative Nursing 18:7, p318-319*

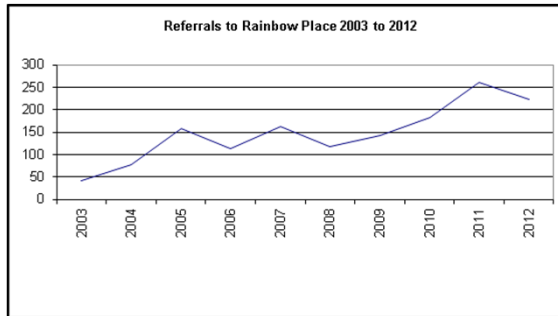
## Getting the message out there ...





## Referrals to Rainbow Place 2003 – 30 June 2012

Year	No. of Referrals
2003	43
2004	77
2005	159
2006	114
2007	163
2008	118
2009	142
2010	182
2011	261
2012	223



What  
do  
people  
see?



Rainbow Place winners of the 2011  
*'Every Child Counts Award'*



*For an organisation, that has made a significant difference to improve the status and wellbeing of children and young people in New Zealand*



*Penny Parsons:*



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