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Title: Conscious manifestations of dementia: Case study review - personal journals of both a person with vascular dementia and their caregiver

Neurological changes manifest as involuntary behaviours that affect the person with dementia and impact their immediate caregiver in ways that are not always obvious and/or understood. While the impact of such behaviours extends to others (e.g., extended family), the actual experiences of the person with dementia and their caregiver are often not revealed because in “telling” the person may be perceived as “going crazy” and, therefore, misunderstood/treated differently. This case study review of personal journals provides an overview in which both the person with dementia and their caregiver provide insight into their experiences with dementia (e.g., hallucinations, frustrations, fears and loneliness) and the ways in which they try to cope with the impact of the disease.