

Grief to Growth: Post-traumatic Growth in whānau Bereaved by the Violent Death of their Child:

A mothers
story

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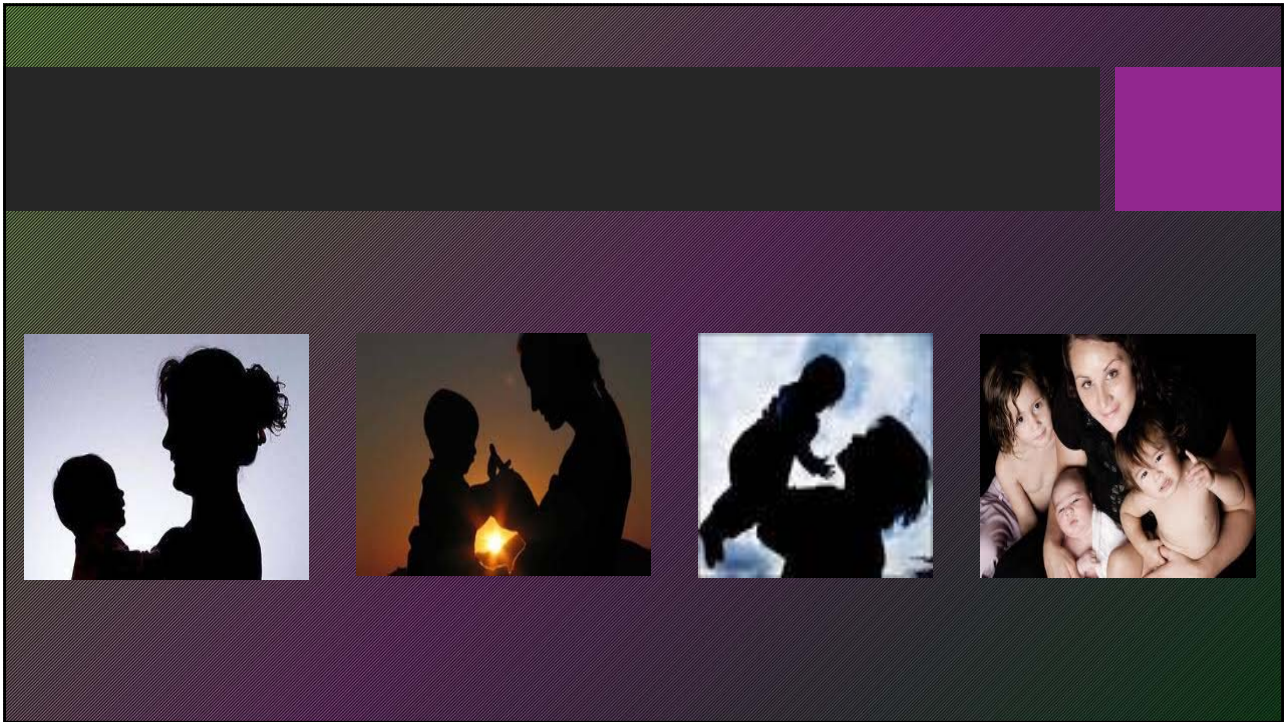
The mother-child bond is
arguably one of the strongest
bonds there is

For a mother.....



Mother-Child





....that a woman
becomes a mother....

“...and if a child
dies”

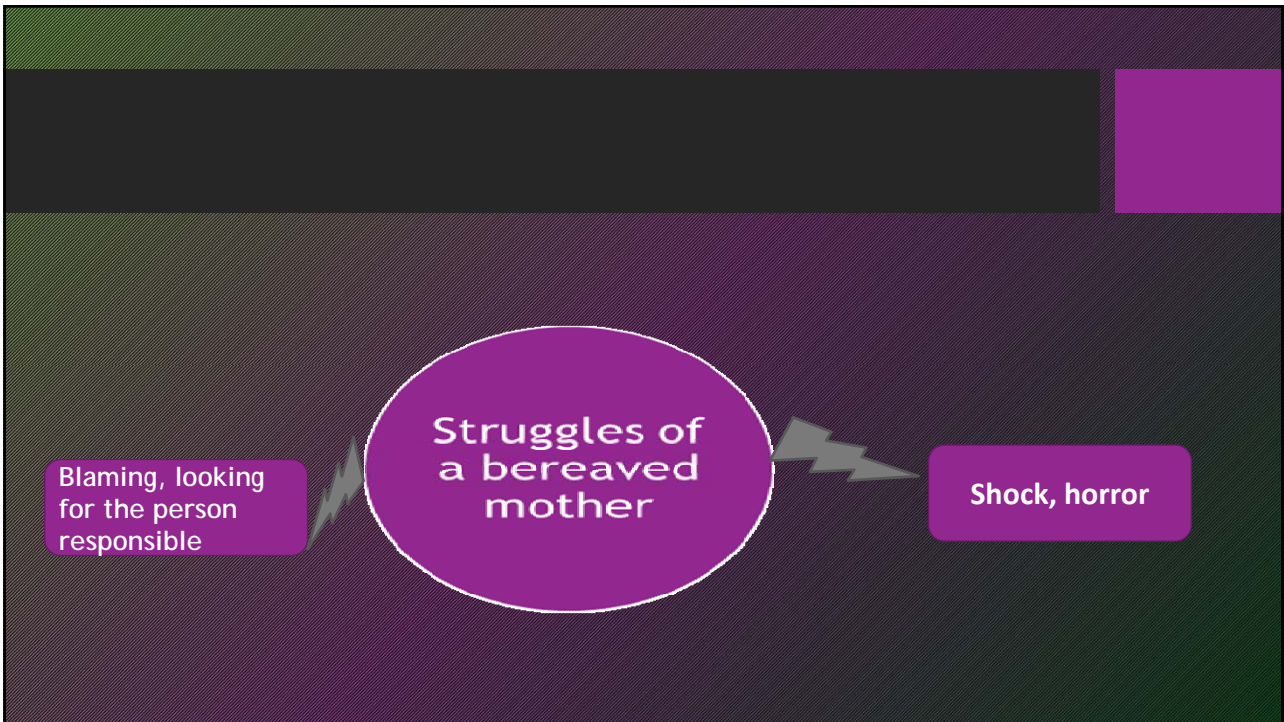
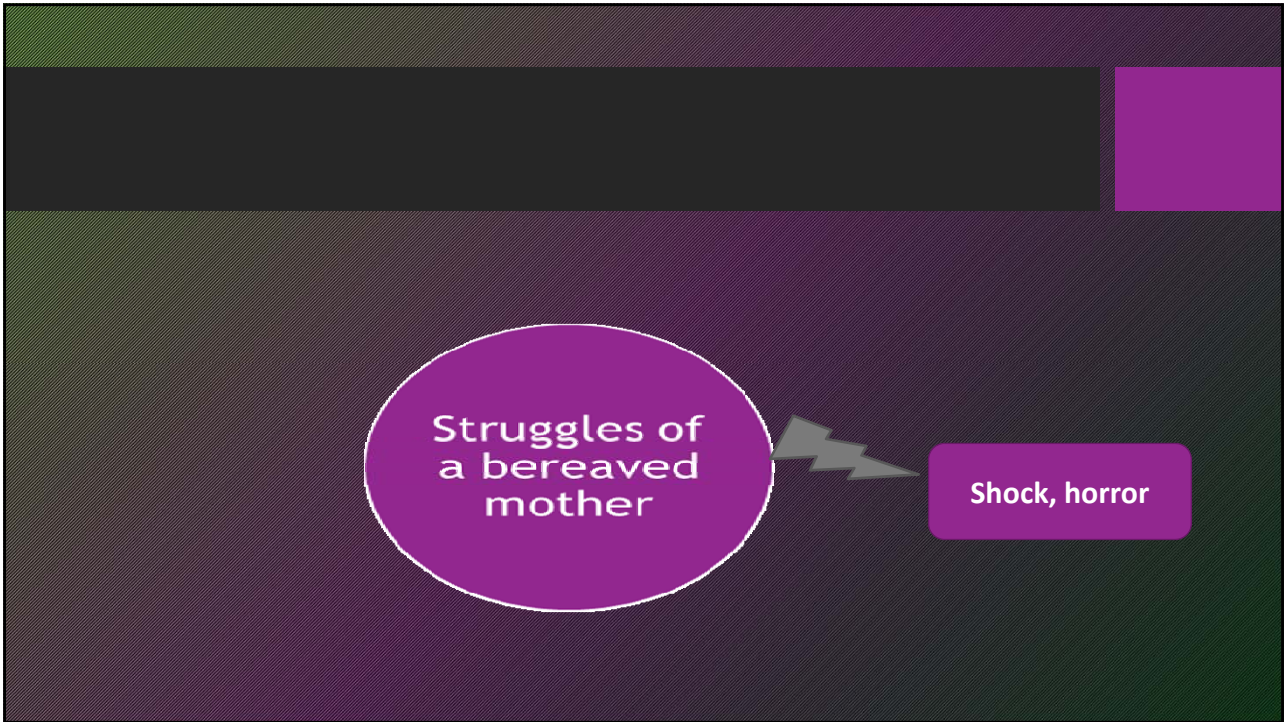
Mereana -the woman and

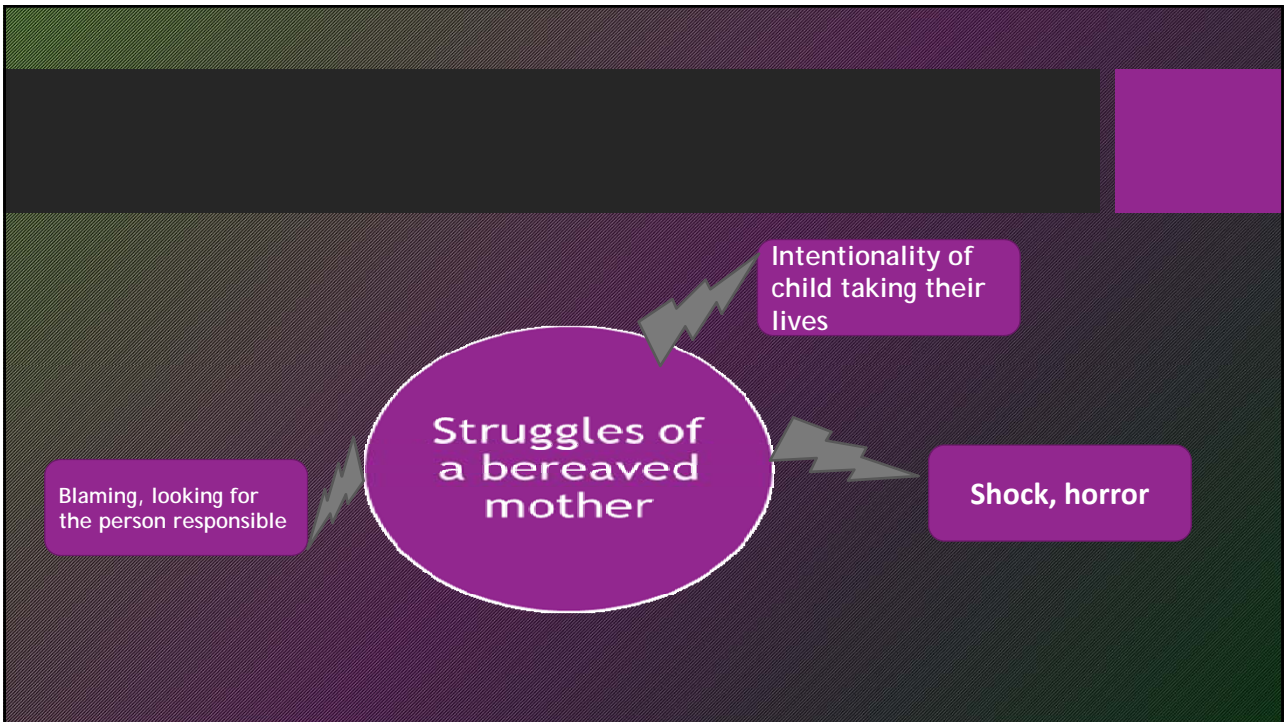
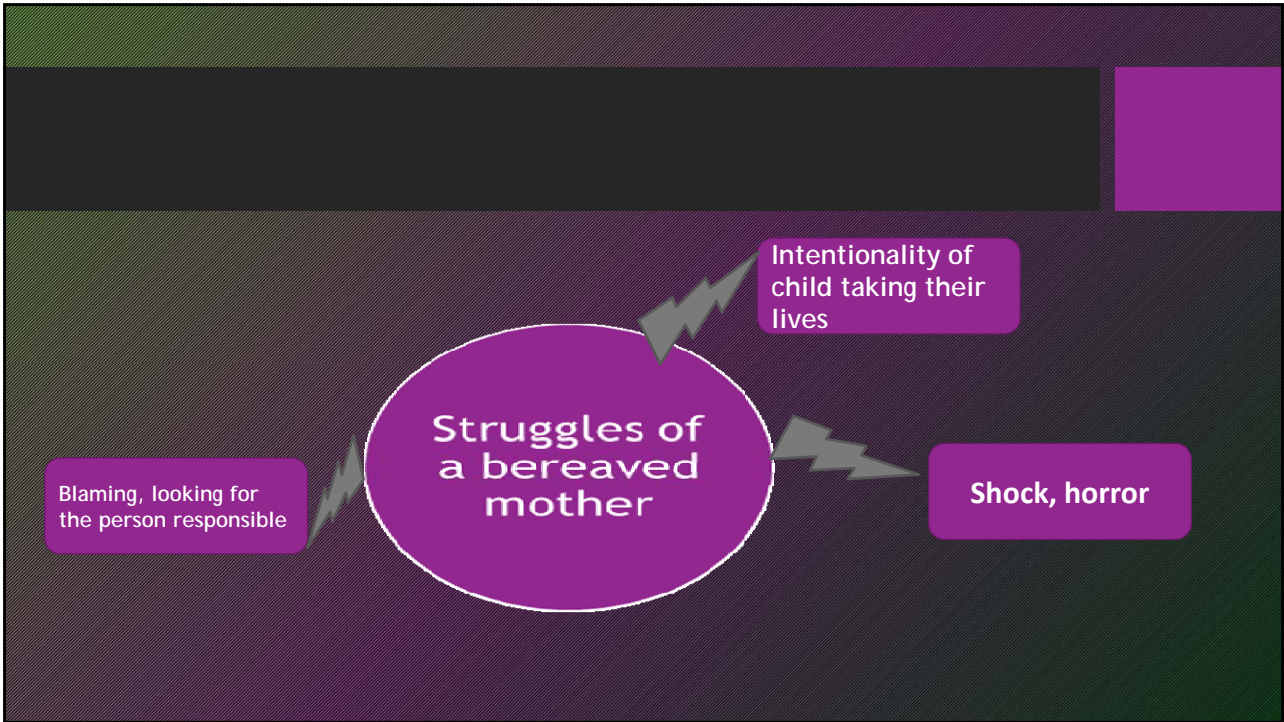


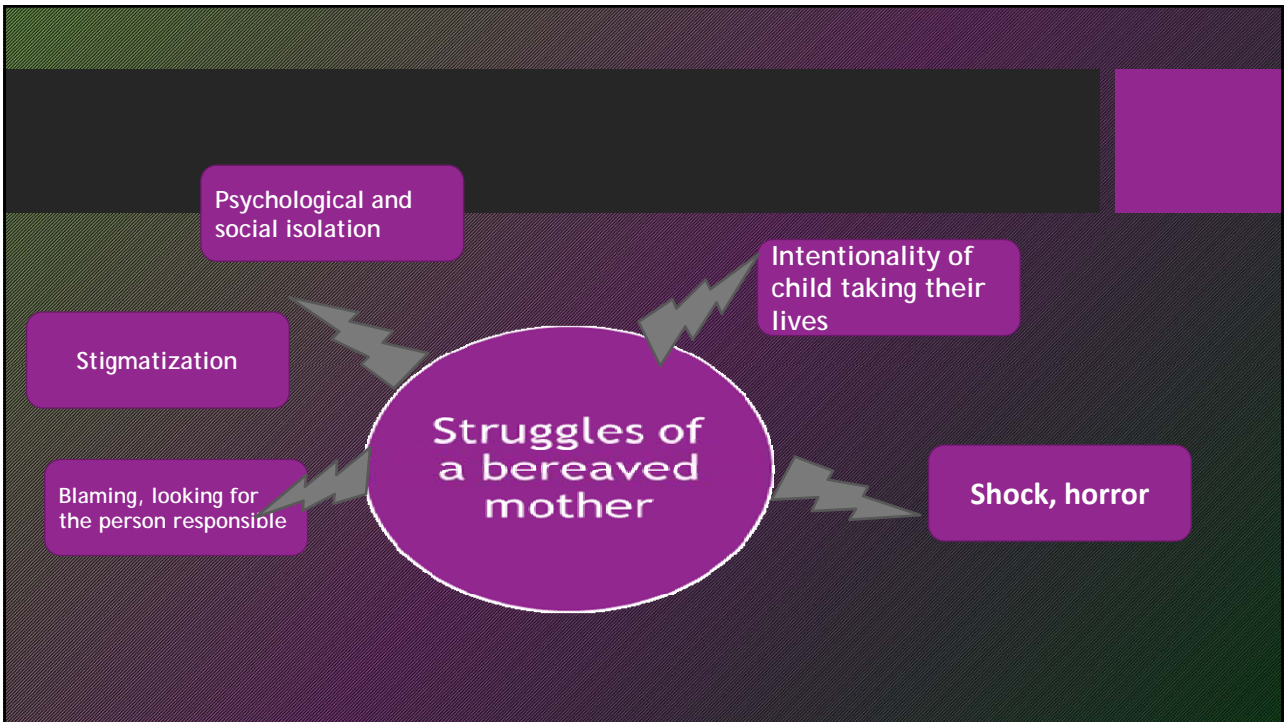
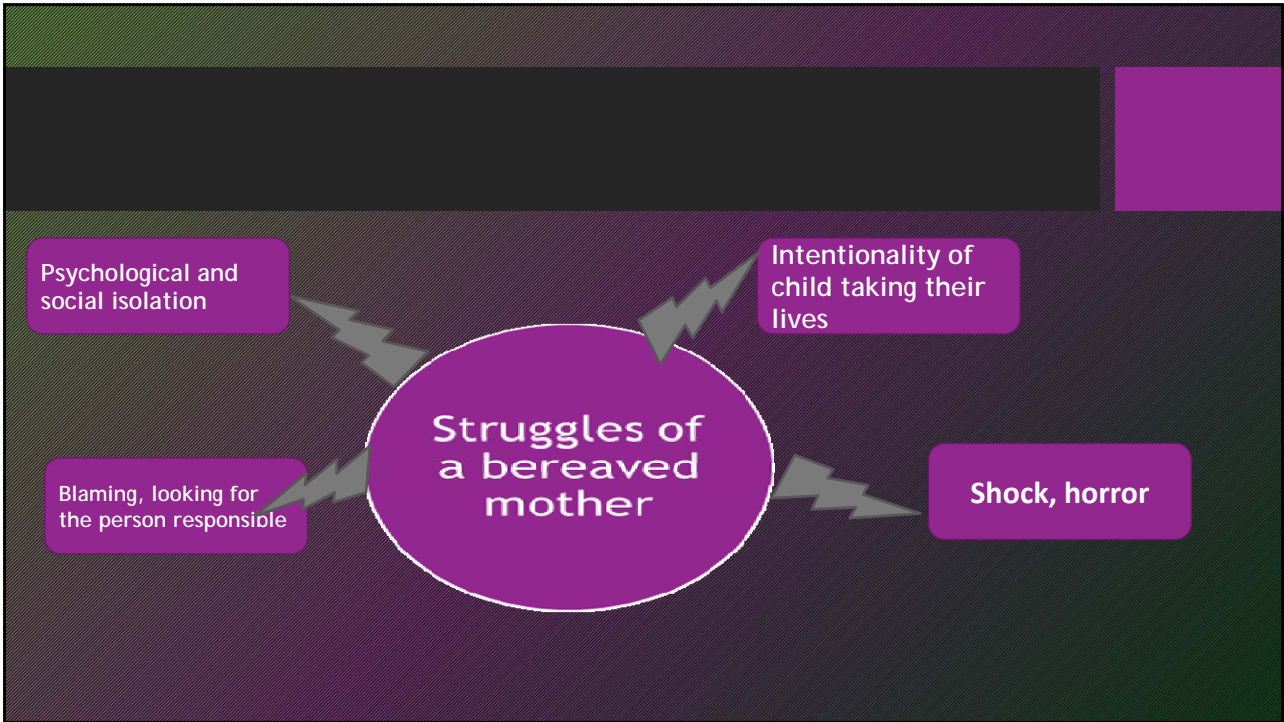
Mereana - the bereaved mother

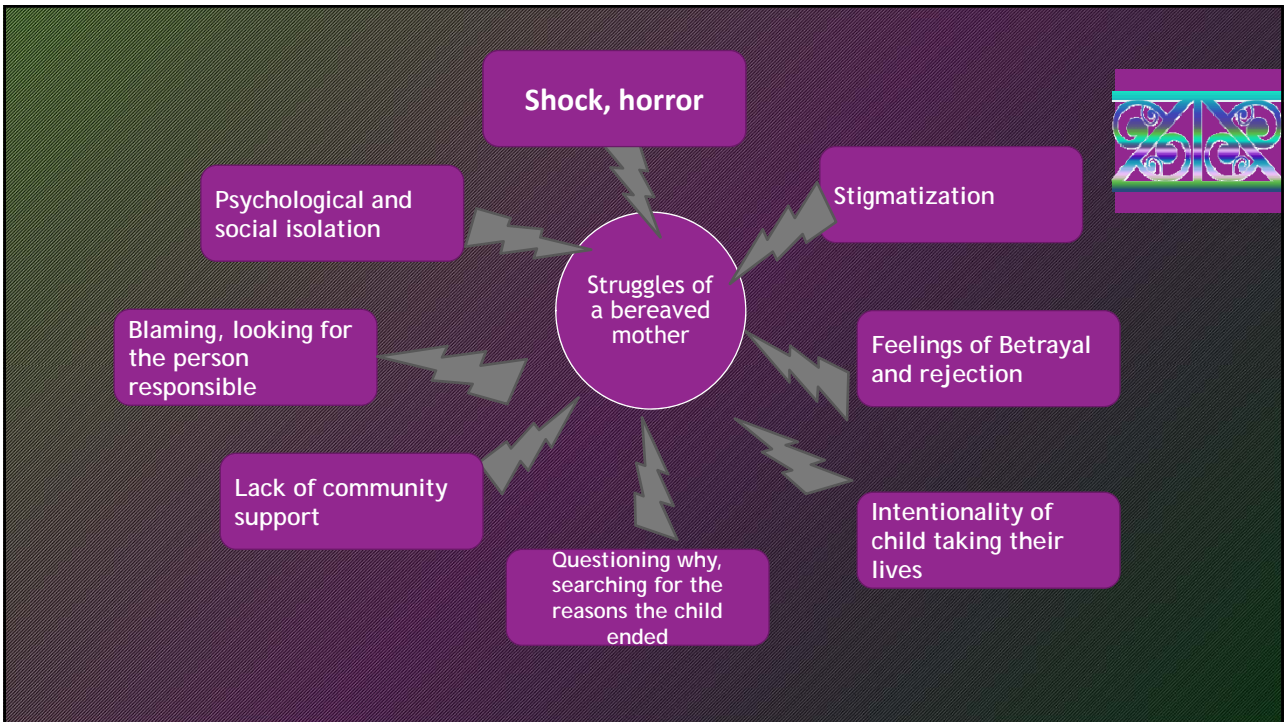
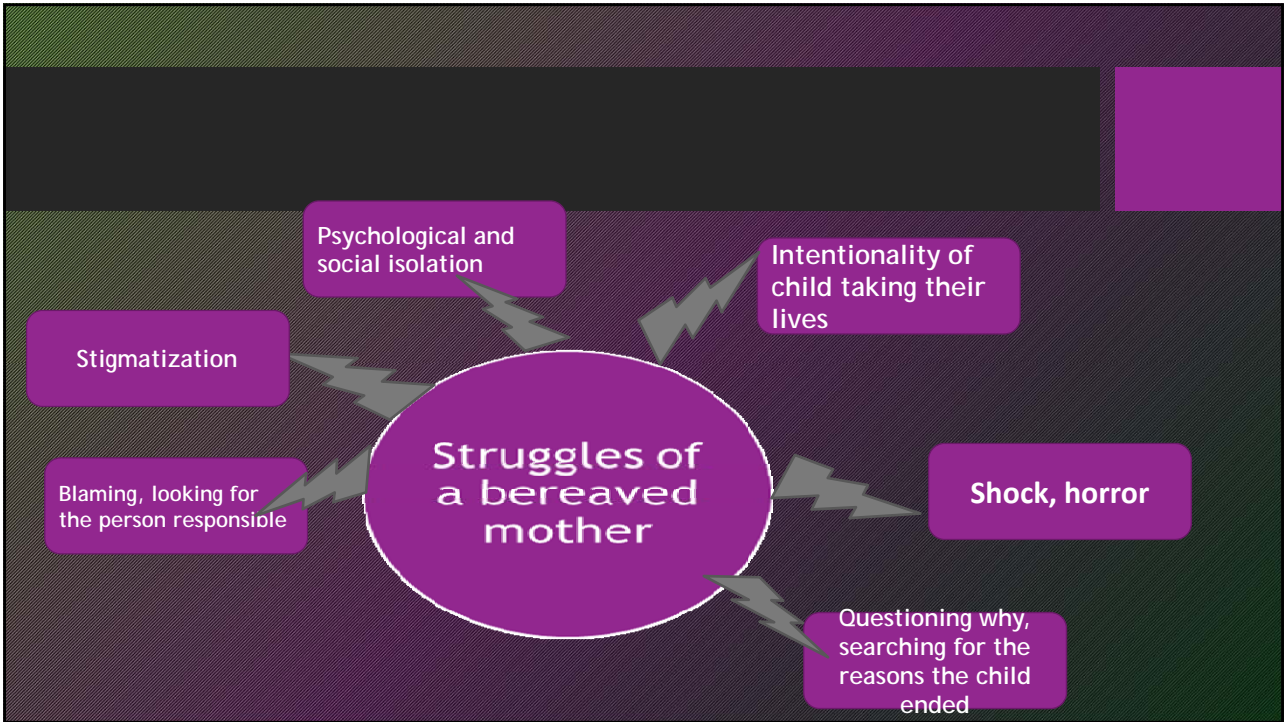


- “Whats happening to our babies”











- “That which doesn’t kill us makes us stronger”

Posttraumatic Growth from Trauma

- Positive Changes that occur as a result of the trauma

Posttraumatic Growth from Trauma

- They continued their role as mothers

Posttraumatic Growth from Trauma

- They continued their role as bereaved mothers

“Social Action”

- “Because of what happened to my child, I had to make a difference in my world...My priority was his death....so his death, and what I can do now –they came together.....”

“Social Action”

- Therapeutic value of social action work as a mechanism through which to regain a sense of wellbeing following the violent loss of a loved one

Bereaved mothers

- “Letting go”
- “Getting over”
- “Moving on”

