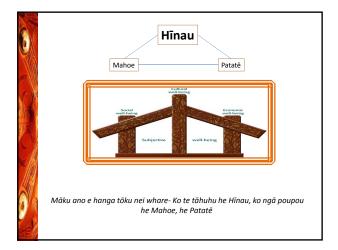
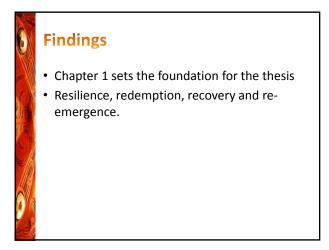


# Chapter 1 - Te Tongi a Tawhiao Underlying theme - Tūrangawaewae Establishes King Tawhiao's prophesy as a metaphor for responding to Māori experiences of HIT





#### **Chapter 2 Literature Review**

- · Literature offered: Definitions of HIT
- Historical timeline of colonisation Doctrine of Discovery
- Theoretical perspectives regarding cultural trauma & memory identity formation of a collective
- Impacts of HIT across 3 countries via assimilation policies
- Identified two examples of health disparities in 4 countries-Alcoholism, Boarding schools

# Findings

- The Literature review highlighted gaps in Māori academic writing on the topic of historical intergenerational trauma
- The gaps initiated the question "What were Māori experiences of historical intergenerational trauma?".

#### **Chapter 3 - Research Methodologies**

- Sets research plan and objectives
- Introduces 3 theoretical methodologies-Pūrākau theory, critical theory & Indigenous research methodologies.
- Establishes Māori ethical framework in research
- Describes data collation
- Discusses both importance and limitations of the sudy

#### **Findings**

- Pūrākau theory peels back layers of narratives to expose underlying themes
- Critical theory examines underlying themes
- Indigenous research methodologies guides practice in research journey.
- Importance & limitations brings to the fore both strengths and weaknesses of the research.

### Chapter 4 - Ko te Hīnau

- Underlying theme -renaissance
- What was the Māori world like pre-colonial
- Māori establish their sovereign authority
- Met British royalty and established a relationship
- · Māori traded all over the world
- Established Internationally recognised flag
- Proclaimed sovereignty as an independent state.

# Findings

- Had issues with kidnapping by British & Australian sailing ships
- Had issues with settler lawlessness
- Established Te Wakaminenga as part of an interdependent alliance to respond to the economic demands of Europeans
- · Created a thriving and successful economy

## **Chapter 5 - Ko te Mahoe**

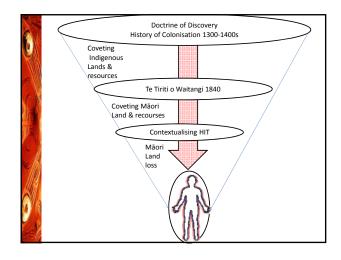
- Underlying theme- Resilience
- Entered into a treaty with the British Empire
- Legislative policies of the British and Settlers started war, confiscated land, assimilated away from cultural identity.
- Created intergenerational impoverishment
- Displacement, alienation, and other traumatic impacts

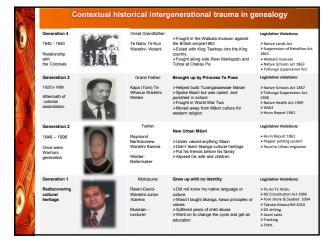
#### **Findings**

 This chapter gives a macro view of Māori experiences, expressions and transmission of historical intergenerational trauma

# **Chapter 6 - Ko te Patate**

- Underlying theme redemption- recovery
- Contextualises macro view of historical intergenerational trauma by offering a personal account of historical intergenerational trauma.



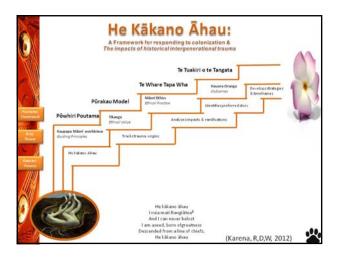


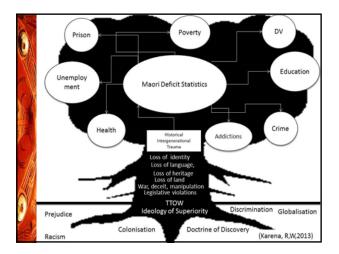
#### **Findings**

- While people are fundamentally responsible for their actions, there are also contributing factors.
- Some factors are invisible due to structurally contributing to the environment a person is born into.

# Chapter 7 – Rebuilding my Whare

- Underlying theme- Re-emergence
- Findings and analysis Historical contexts pre Te Tiriti o Waitangi
- Impact of British & NZ Crown collusion post 1840
- Intergenerational impacts for Māori
- Key issues from Literature review
- Intergenerational trauma links to Māori deficit statistics
- Respond to research questions
- · Strategies of response
- Māori counselling strategy





#### Original contribution to knowledge

- This Ph.D thesis will pioneer the manner in which the legislative violations are perceived in future Māori research
- Thesis emphasises how the impacts of historical intergenerational trauma at a macro level can personally manifest in detrimental ways at a micro
- The Māori counselling strategy is a framework that is another unique concept that will contribute to Māori knowledge in meaningful ways because it has been developed specifically to respond to Māori experiences of trauma.